

Brocklewood Primary School Parents' Bullying Guidance

What is bullying?

Behaviour by an person or group, usually repeated over time, that deliberately hurts another person or group either physically or emotionally.

Bullying includes:

name-calling; taunting; mocking; making offensive comments; kicking; hitting; pushing; taking belongings; inappropriate text messaging and emailing; sending offensive or degrading images by phone or via the internet; producing offensive graffiti; gossiping; excluding people from groups; spreading hurtful and untruthful rumours.

What to do to help your child:

- Make time regularly to talk to your child about friendships so they are used to talking to you about these things.
- Watch out for changes in their attitude to school, frequent stomach aches, unusual outbursts of anger or other unusual behaviours.
- If they say they are unhappy because someone is being unkind or bullying them, listen carefully and make sure they know you will take it seriously.
- Try not to suggest that your child does things differently- they need to feel that it is the child doing the bullying who is wrong and needs to change their behaviour.
- Come into school and ask to speak to Mrs Tarrant, your child's teacher, Ms Brown or any other adult- once school knows about the problem we can try to solve it.

What will the school do?

- We will take it seriously and listen to your and your child's worries and fears
- We will help to stop this happening to your child.
- We will keep you informed of what we have done.